

REGISTRATION FORM

Emotionally Healthy Spirituality

Aug 15, 22, 29, Sep 5, 12, 19, 26, Oct 3, 2019

Name: Dr/Rev/Mr/Ms _____
(please write clearly)

Address: _____

Tel: (Hp) _____ (O) _____

(R) _____

Email: _____
(please write clearly)

Church / Organisation: _____

Bank & Cheque No./Cash: _____

*For further information please contact Teck Kiang at
9722 3162 or email: fountaingateministries@gmail.com
Website: www.fountaingateministries.net*

1. Fees: Before 1 Aug 2019 - S\$160
After 1 Aug 2019 - S\$180
2. Registration is on first-come-first-served basis.
3. Registration is confirmed upon receipt of full payment.
4. **All participants must purchase Emotionally Healthy Spirituality reading book, work book & Day To Day devotional book from their own from local book-stores.**
5. There will be no make-up classes for the workshop.
6. Fees are non-refundable and non-transferable.
7. Kindly crossed cheque to :
FOUNTAIN GATE MINISTRIES LTD
8. Send the completed form & cheque to:
Fountain Gate Ministries Ltd
8 Burn Road #05-15 Trivex
Singapore 369977

For Office Use Only (please leave this section blank)

Receipt No : _____

Bank & Cheque No./Cash : _____

This course is based on Peter Scazzero's book "Emotionally Healthy Spirituality" and its accompanying workbook. Pastor Scazzero says that a lack of emotional health almost caused him to crash early on his ministry. When his wife confronted him and said that his leadership was not worth following, he began to realize he needed major changes! Out of this crisis he realized he had much work to do. He began to become aware of his unhealthy lifestyle patterns and thinking. He also found that there is much in the methods in ancient contemplative Christian spirituality that can aid us in our walk with God.

This whole journey can be summed up in three movements: loving others well, loving God well and loving yourself well.

Who Should Attend?

This course is for those who are interested in developing a deep interior life with God.

Topics

The course is conducted in a workshop style, where over 8 weekday evenings we discuss together the main topics.

Week 1: The Problem Of Emotionally Unhealthy Spirituality
The 7 Pathways To Emotionally Healthy Spirituality

Week 2: Know Yourself That You May Know God

Week 3: Going Back In Order To Go Forward

Week 4: Journey Through The Wall

Week 5: Enlarge Your Soul Through Grief And Loss

Week 6: Discover The Rhythms Of the Daily Office And Sabbath

Week 7: Grow Into An Emotionally Healthy Adult

Week 8: Go The Next Step To Develop A "Rule Of Life"

Schedule

Date : Aug 15, 22, 29
Sep 5, 12, 19, 26
Oct 3

Venue : Fountain Gate Ministries Ltd
8 Burn Road #05-15 Trivex
Singapore 369977

Duration : 8 weeks (Thur)
Sep 1 (Sat)

Time : 7:30pm to 9:30pm

Fees : Before 1 Aug 2019 - S\$160
After 1 Aug 2019 - S\$180
(Cheques made payable to:
"Fountain Gate Ministries Ltd")

Mailing : Fountain Gate Ministries Ltd
Address : 8 Burn Road #05-15 Trivex
Singapore 369977

