
Course Synopsis

Codependency is caused by dysfunctional relationship that impairs a person emotionally and psychologically, resulting in a variety of painful and unhealthy consequences.

Codependents believe they are responsible to make others feel happy and successful.

They find difficulty saying no to any need, or they feel very guilty if they do. Often, they respond to help others out of their own love deficits; developing compulsive pattern of dependency behaviours centred on the approval of others in the attempt to find safety, self-worth and identity.

Codependents seem like self-sacrificing model Christians. On the surface, codependency messages sound like Christian teachings of servanthood.

- “They put the needs of others first”
- “They give much of themselves”
- “They are always willing to sacrifice”

However, the motivation for their actions stems from low self esteem and the need to prove themselves acceptable, repressing guilt and fear, serving from legalism rather than grace.

Information

- 1 Registration is on first-come-first-served basis.
- 2 Registration is confirmed upon receipt of full payment.
- 3 Fees are non-refundable and non-transferable.
- 4 There will be no make-up classes for the course.
- 5 Email the completed registration form to fountaingateministries@gmail.com
- 6 Fees: Before 19 Feb 2023 at S\$160
After 19 Feb 2023 at S\$180
- 7 Mode of Payment:
Payment via Internet Banking Transfer
Name of Acc : FOUNTAIN GATE MINISTRIES LTD
Bank : United Overseas Bank (UOB)
Account No : 310 3064 234

Kindly indicate your name and course title under the bank reference box.
Send a screen shot for verification.

Contact

Mailing Address:
71 Ubi Road 1, #05-41
Singapore 408732

+65 9722 3162 Teck Kiang

fountaingateministries@gmail.com
www.fountaingateministries.net



Journeying Out of Codependency

Registration Form

Journeying Out
of Codependency
Mar 4, 11, 18, 25

Name *Ps / Dr / Rev / Mr / Ms / Mrs*

Address

please write clearly

Contact *Hp./R.*

Email

please write clearly

Church / Organisation

Payment mode

- 1 Registration is on first-come-first-served basis.
- 2 Registration is confirmed upon receipt of full payment.
- 3 Fees are non-refundable and non-transferable.
- 4 There will be no make-up classes for the course.
- 5 Email the completed registration form to fountaingateministries@gmail.com
- 6 Fees: Before 19 Feb 2023 at S\$160
After 19 Feb 2023 at S\$180
- 7 Payment via Internet Banking Transfer
Name of Acc : FOUNTAIN GATE MINISTRIES LTD
Bank : United Overseas Bank (UOB)
Account No. : 310 3064 234

Kindly indicate your name and course title under the bank reference box.
Send a screen shot for verification.

- 8 For further information, please contact Teck Kiang at 9722 3162 or email us at fountaingateministries@gmail.com

For official use only
Receipt No.
iBanking or PayNow

Topics

4 weeks

The course is conducted over four consecutive Saturdays.

Topic 1
Symptoms of Codependency

Topic 2
Causes of Codependency

Topic 3
Recovery from Codependency

Topic 4
Towards spiritual, emotional and relational health

Schedule

Date Mar 4, 11, 18, 25

Time 9.30am to 1pm

Fees

Before 19 Feb 2023 S\$160
After 19 Feb 2023 S\$180

Venue

Online

Trainer

SANDRA MOO

Sandra graduated from Word of Life Bible School, Sweden, in 1992. She has also received training in the various tools of inner healing taught by well-known practitioners from Elijah House, Deep Level Healing Ministries, Ellel Ministry, Theophostic Ministry, Restoration in Christ and others. In addition, she worked for three years alongside professional counsellors in the counselling centre of CityLife Church in Melbourne.

With over 20 years of experience of helping those in need through inner healing, deliverance and pastoral care, Sandra continues to be passionate to see God bring healing and wholeness to people from different walks of life.

